



VITAGLIDE

Length: 45.5"
 Width: 35"
 Total Height:
 Raised: 40"
 Lowered: 32"
 Height at Entry
 Point:
 Raised: 31"
 Lowered: 23"
 Weight: 65lbs



VITAGLIDE PRO

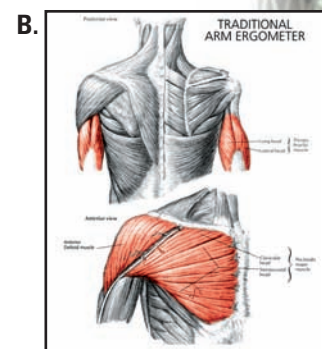
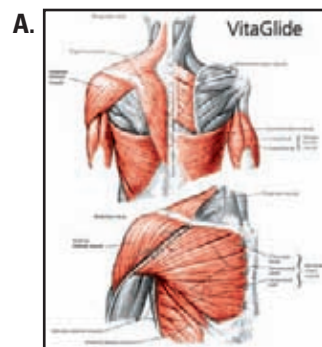
Length: 62"
 Width: 39"
 Total Height:
 Raised: 45"
 Lowered: 33"
 Height at Entry
 Point:
 Raised: 32"
 Lowered: 20"
 Weight: 165lbs

THE VITAGLIDE ADVANTAGE

The VitaGlide was specifically designed to take the pain out of workouts. The optimal exercising position of the VitaGlide results in a natural, fluid "push-pull" motion at an angle where there is no unwarranted stress on the shoulders.

Additionally, the **VITAGLIDE INCREASES THE RANGE OF MOTION, AND INVOLVES MORE MUSCLE GROUPS, RESULTING IN A MORE EFFECTIVE AND EFFICIENT WORKOUT THAN TRADITIONAL SEATED EXERCISE PROGRAMS.** Users have indicated

an overwhelming preference of using the VitaGlide when compared to a traditional Upper Body Ergometer, claiming that they not only receive a better workout in half the time, but they also do not feel pain in their shoulders during the workout.



Comparison of Muscle Activity between VitaGlide (pic. A) and Traditional Arm Ergometer (pic. B)

- **No Shoulder Pain**
- **Pumped Upper Body**
- **Intense Cardio Burn**



MANUFACTURED BY:

REHAMED INTERNATIONAL, LLC.

522 W. Mowry Drive
 Homestead, FL 33030

800-577-4424
 Tel: 305-247-8300
 Fax: 305-247-8304

www.groupm.com



1-800-577-4424

www.rmtfitness.com

THE CORE OF WHEELCHAIR FITNESS

VitaGlide™ and VitaGlidePRO™ are a registered trademarks of RehaMed International, LLC.

FEATURES

- Select from 7 levels of resistance to ensure the ultimate cardio burn.
- Can be easily raised or lowered by an impressive 11 inches to accommodate virtually any wheelchair and/or user height.
- Robust steel frame enhances durability to ensure consistent, reliable performance in the multi-user commercial setting.
- The perfect fit for any Gym, Physical Therapy Center or Rehabilitation Clinic.

VITA GLIDE PRO

The VitaGlide Pro will give you the best upper body toning, shoulder strengthening, and cardiovascular workout that you will receive from any upper body conditioner in the market! The linear "push-pull" motion of the VitaGlide Pro targets virtually every muscle in the upper body, from the "love handles" all the way up to the trapezius area.



- GYM
- HEALTH CLUB
- SCHOOL
- REHABILITATION CLINIC
- PHYSICAL THERAPY CENTER
- WELLNESS CENTER



Console containing intensity lever and digital pulse monitor/timer

REVOLUTIONIZING INCLUSIVE FITNESS!



The VitaGlide Pro is equipped with a built-in roll-away seat that is easily moved into position for non-wheelchair users. This unique feature allows **EVERYBODY** to experience the benefits of using the VitaGlide.



Bring it Home!

The home version of the VitaGlide allows you to experience the countless fitness and therapeutic benefits of the VitaGlide Pro from the comfort of your home! Compact in design, the VitaGlide is not much larger than a wheelchair, allowing it to conveniently fit in any home environment.

Accessories for VitaGlide & VitaGlide Pro

VITAGLOVES



Fabricated from "VitaTex", a unique new fabric that does not retain moisture and contains holes to allow for air circulation, the VitaGloves are the perfect fit for athletes with limited gripping ability. The VitaGloves feature a unique cupped design to hold the entire hand, especially the thumbs, in place. These gloves are perfect to assist with gripping any item that has a handle.

- 100% machine washable
- Available in large (wrists 7.25" - 10") or small (wrists 5.5" - 7.25") sizes
- Fabricated with a vinyl binding, polypropylene webbing and velcro fastenings.



TRI-POST ADAPTORS



Adapts to any VitaGlide handle. Locks the wrist in place to enable users with very limited grip to use the VitaGlide independently without gloves.

FEATURES

- 7 levels of resistance to provide a challenging workout for users of any ability.
- Height can adjust 8 inches to fit virtually any manual wheelchair, and most power chairs with foldaway or removable arms.
- Base is fortified with platforms for the wheels to rest upon to ensure stability no matter how hard you work out!